



50 Years Tells A Story



HSS ANNUAL REPORT 2023



A Story of Compassion

Living in an abusive relationship, Sasha was found living on the streets. Social workers moved her from the streets to a hospital and eventually to a now- closed group home. Affected by a toxic environment, Sasha arrived at HSS in a state of distress. Without proper treatment and medication she struggled to manage her emotions and have any sense of stability. That was six years ago. Today, those who know Sasha describe her as "calm, kind, trusting and hard-working." With a stable living environment in an HSS apartment, proper medication, and patient, caring staff that has focused on person-centered supports, Sasha has evolved into the best version of herself. Fiercely independent, Sasha dreams of having a job in the community and would love to own her own house.



140
individuals
accessed substance
use services



57
community members
received Mental
Health First Aid training

944
individuals met with
a therapist to take a
step forward in their
lives

A Story of Perseverance

Our private, nonprofit agency first opened its doors in 1973 to provide support to individuals facing mental health concerns. Though we started with just three employees, Human Support Services has blossomed into a multi-service nonprofit with more than 100 employees. Today, HSS provides the community with programs such as substance use recovery, outpatient counseling, crisis services, and employment supports.

The Stories that Define Us



*Some details, including the names and images, have been adjusted to protect the privacy and confidentiality of our clients.

105
students received
counseling from HSS
providers through local
schools

A Story of Purpose

At 40, Brian dreamed of a job where he could make his own money. Through community employment services at HSS, he got his first job at Walmart. Brian loves working outdoors and now dreams of starting his own lawn care business. With help from an HSS job coach, Brian is now employed at a golf course. He is perfecting his skills and has been able to save enough to buy his own lawnmower. He is one step closer to his dream.



32
individuals received
needed resources due to
referrals from law enforcement

*Over a six month period
from January to June 2023.



274
crisis situations were
de-escalated and assistance
was provided through
response services

A Story of Self-determination

Growing up in a family with a prevalence of substance use, Sara lost both her parents and a sibling to fatal drug overdoses. Sara turned to drugs to cope with these losses which led to a dependency on fentanyl when she found herself in an abusive relationship. This dependency kept her from providing a life for herself and her daughter. By the time she came to HSS, Sara was emaciated and had no stable housing. With HSS' guidance, Sara sought substance use treatment and participated in an HSS outpatient program. Today, Sara remains committed to her recovery, continuously using HSS services for support. She is happily living in HSS housing creating a home for herself and her daughter. She said, "HSS offered me community and a future."

A Story of Hope

Evan dreamed of becoming a DJ, but anxiety and insecurity stood in his way. At 18, he joined an HSS group funded by a grant from the Illinois Council on Developmental Disabilities. With help from his HSS job coach, he started working at a local restaurant. The skills he learned on the job improved his self-confidence while HSS classes gave him coping tools to manage anxiety. Before long, Evan realized his dream. You can now find him behind the turntable at local events. Evan is also attending the University of Missouri-Columbia.



| | FY2022 | FY2023 |
|------------------|-------------|-------------|
| REVENUE | | |
| TOTAL REVENUE | \$7,011,383 | \$6,157,157 |
| TOTAL NET ASSETS | \$5,220,309 | \$5,331,787 |

PUBLIC SUPPORT:

| | | |
|----------------------|-------------|-------------|
| GRANTS AND CONTRACTS | \$3,602,399 | \$4,403,695 |
| OTHER FUNDRAISING | \$315, 443 | \$221,430 |

EXPENSES:

| | | |
|----------------|-------------|-------------|
| TOTAL EXPENSES | \$5,933,851 | \$6,625,935 |
| PROGRAMS | \$4,816,410 | \$4,229,957 |
| ADMINISTRATIVE | \$1,064,590 | \$1,524,534 |
| FUNDRAISING | \$52,851 | \$45,317 |

BOARD OF DIRECTORS:

Chair - Bob Polansky
 Vice Chair - Mallory Rodenberg
 Secretary - Stan Darter
 Treasurer - Kevin Day
 Executive Member At-Large - Kathy Asselmeier

Directors:

| | |
|---------------|-------------------|
| Gary Crawford | Mary O'Leary |
| Lisa Krenz | Jeff Prosis |
| Lisa Maurer | Michael Schneider |
| | Megan Selck |



A message from Bob and Anne

Our story continues . . .

If the last 50 years have taught us anything, it is that HSS is built on a strong foundation, shored up by a generous community, an engaged leadership and a dedicated staff who care so deeply about our clients. So as we look ahead to serving our community over the next five, 10 and 50 years, we are immensely grateful.

We are also hopeful. While the number of individuals and families who need our help continues to grow, our organization and our people have proven that we are willing and capable of adapting to the growing and changing needs of our community.

From dementia caregiver programs at the library to counseling programs for youth in our schools, we meet people where they are. Our substance use programs have adapted to better serve those on the road to recovery, and all our programs have evolved to a person-centered approach that puts the needs, talents, goals and dreams of each person first.

Since our founding, we've learned, adapted, and learned and adapted again. That's why the HSS of today is so vastly different from the Human Support Services of 1973. Join us on this journey to see the life-changing impact our agency makes over the next 50 years.

Our Mission: Helping all people live their best lives.